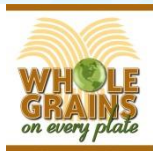


Lufkin ISD Elementary/Primary Schools



MEAL PRICING:

Student Breakfast	FREE
Adult/Visitor Breakfast Price	\$3.25
Milk Only	\$0.50
Soy or Lactose Free Milk	\$1.00

BREAKFAST Menu August 2024-May 2025

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Dutch Waffle WMES43 or Yogurt M14 & Cereal Bar <i>see label</i> Peaches Juice Milk	Kolache WME16 or Cereal-topped Donut WMES30 Applesauce ¹⁴ (variety) Juice Milk	Mini Pancakes WMES35 w/syrup ³⁰ or Cheese Omelet M1 w/Toast WS12 Orange Slices ¹⁶ Juice Milk	Cinna-Minis WM40 or Biscuit WMS22 & Sausage w/jelly 9 Pineapples Tidbits ²¹ Juice Milk	Breakfast Pizza WMS26 or Manager's Choice Fresh Apple Slices ⁷ Juice Milk
2	Mini Donuts WMES41 (whole grain) or French Toast Sticks WMES43 Pineapple Tidbits Juice Milk	Honey Bun WMES40 or Pop Tarts (whole grain) WS75 Applesauce ¹⁴ (variety) Juice Milk	Mini French Toast WMES36 or Eggs ME & Toast WS14 Banana 27 Juice Milk	Cowgirl Bread WME29 Or Apple Cinnamon Empanada W42 Fruit Juice Milk	Breakfast Pizza WMS26 or Manager's Choice Fresh Apple Slices ⁷ Juice Milk
3	Pancake on a Stick WMES19 or Coffee Cake Cin-WMES48 Mocha-WMES37 Fruit Juice Milk	Donut Holes WMES20 or Biscuit WMS22 & Sausage w/jelly ⁹ Applesauce Juice Milk	Banana Split MS yogurt ¹⁶ Granola 6 Crispy Breakfast Taco WMS17 Fruit Cup Juice Milk	Muffin WES30 & Cheese Stick M1 or Mini Pancake Puffs (Poffitz) WMES37 Fruit Cup Juice Milk	Breakfast Pizza WMS26 or Manager's Choice Fruit Juice Milk

ALLERGENS: W-Wheat, S-Soy, M-Milk, E-Egg, P-Peanuts, C-Citrus, Sm-Sesame
 Grams of carbohydrate are listed as the number beside the allergens
 Milk: white=13gms, choc=19gms, straw=19gms Juice: orange=14gms, apple=15gms

Week 1		Week 2		Week 3	
Aug 7	Mar 17	Aug 12	Mar 24	Aug 19	Mar 31
Aug 26	Apr 7	Sept 2	Apr 14	Sept 9	Apr 21
Sept 16	Apr 28	Sept 23	May 5	Sept 30	May 12
Oct 14	May 19	Oct 21		Oct 28	
Nov 4		Nov 11		Nov 18	
Dec 2		Dec 9		Dec 16	
Jan 6		Jan 13		Jan 20	
Jan 27		Feb 3		Feb 10	
Feb 17		Feb 24		Mar 3	

This program is funded by USDA. This institution is an equal opportunity provider.

Lufkin ISD Elementary/Primary Schools

GET YOUR DAY IN GEAR WITH A HEALTHY SCHOOL LUNCH

MEAL PRICING:

All Students	FREE
Adult/Visitor	\$4.75
Milk Only	\$0.50

LUNCH Menu

August 2024-May 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Popcorn Chicken WMS16 or Macaroni & Cheese WME29 or PB&J Uncrustable WP64 or Soy Jamwich WMS55 Hot Roll WMES14 Broccoli w/cheese M6 Mixed Vegetables 8 100% Juice Fruit Slush 25 Milk	Pulled Pork BBQ Sandwich WSm28 or Mini Corn Dogs WES30 or Lunchable WMES40 Pinto Beans 22 French Fries 15 Applesauce 14 Milk	Crispy Taco MS12 or Mexican Pizza WMS43 PB&J Uncrustable or Soy Jamwich Refried Beans 30 Corn 19 Orange Wedges 21 Cookie WMES28 Milk	Orange Chicken WES25 or Chicken Nuggets WS13 or Lunchable Rice 40 /Noodles Green Beans 4 Steamed Carrots 8 Pineapple Tidbits 16 Fortune Cookie WS4 Milk	Chicken Burger WMSm41 or Cheeseburger WMSm29 or PB&J Uncrustable or Soy Jamwich Smiley Faced Potatoes 20 Fresh Baby Carrots 8 w/dip ME1 Apple Slices 7 Milk
2	Pepperoni Pizza WMS34 or Wild Mike's Cheesy Bites WMS28 or PB&J Uncrustable or Soy Jamwich Broccoli w/cheese M6 Marinara Dip Cup 8 100% Fruit Juice Slush 25 Milk	Walking Tacos M32 or Lunchable Salsa Dip Cup 2 Pinto Beans 22 Applesauce 14 Milk	Hot Pocket WMS32 or Spaghetti & Meatsauce W42 w/Breadstick WMS15 or PB&J Uncrustable or Soy Jamwich Cucumber Slices w/dip ME1 Corn 19 Banana 27 Cookie WMES28 Milk	Popcorn Chicken (Plain WMS16 or Cheesy Hot WEM22) or Drumstick or Lunchable Hot Roll WMES14 M. Potatoes M14 w/Country Gravy WMES3 Green Beans 4 Fruit Milk	Chicken Burger WMSm41 or Steakfingers WMS16 or PB&J Uncrustable or Soy Jamwich Fresh Baby Carrots 4 w/dip ME1 Smiley Faced Potatoes 20 Apple Slices 7 Milk
3	Chicken WS13 & Waffles WMES30 or PB&J Uncrustable or Soy Jamwich Broccoli w/Cheese M6 Mashed Potatoes M14 w/Gravy WMES3 Mandarin Oranges 21 Milk	Mac & Cheese Bites WM45 or Garlic French Bread Pizza WMS29 or Lunchable Marinara Dip Cup 8 Green Beans 4 Applesauce 14 Milk	Beef Nachos M31 or PB&J Uncrustable or Soy Jamwich Pinto Beans 22 Salsa Dip Cup 2 Orange Wedges 21 Cookie WMES28 Milk	Frito Pie M31 or Hot Dog W27 w/chili or Lunchable French Fries 15 Fresh Baby Carrots w/dip ME1 100% Fruit Juice Gel 20 Milk	Cheeseburger WMSm29 or Chicken Nuggets WS13 or PB&J Uncrustable or Soy Jamwich Tater Tots 18 100% Veggie Juice Grapes 8 Milk

ALLERGENS: W-Wheat, S-Soy, M-Milk, E-Egg, P-Peanuts, C-Citrus, Sm-Sesame
Grams of carbohydrate are listed as the number beside the allergens
Milk: white=13gms, choc=19gms, straw=19gms Juice: orange=14gms, apple=15gms

Week 1		Week 2		Week 3	
Aug 7	Mar 17	Aug 12	Mar 24	Aug 19	Mar 31
Aug 26	Apr 7	Sept 2	Apr 14	Sept 9	Apr 21
Sept 16	Apr 28	Sept 23	May 5	Sept 30	May 12
Oct 14	May 19	Oct 21		Oct 28	
Nov 4		Nov 11		Nov 18	
Dec 2		Dec 9		Dec 16	
Jan 6		Jan 13		Jan 20	
Jan 27		Feb 3		Feb 10	
Feb 17		Feb 24		Mar 3	

This program is funded by USDA. This institution is an equal opportunity provider.