

Garrett Pre-K3 & Pre-K4 Menu



MEAL PRICING:

Student Breakfast Price Free
 Adult/Visitor Breakfast Price \$3.25

August 2023-May 2024



BREAKFAST IN THE CLASSROOM Free to all Students

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Cereal Fruit Cup Milk	Mini Pancakes Applesauce Milk	Cheese Stick w/Gingerbread TX Fruit Milk	Maple Pancake Sandwich Orange Slices Milk	French Toast Sticks Juice Milk
2	Cereal Strawberry Cup Milk	Muffin Applesauce Milk	Fun-N-Fruity Waffle Fruit Milk	Apple Cinnamon French Toast Fruit Cup Milk	Danimals Yogurt Peaches Milk
3	Cereal Raisins Milk	Cinna-Minis & Cheese Stick Fruit Cup Milk	Pancake on a Stick Fruit Cup Milk	Breakfast Pizza Applesauce Milk	Banana Bread Peaches Milk

All Cereal is Reduced Sugar, 25% less Sugar, and Whole Grain.
 All Bread is Whole Grain or Whole Wheat.
 All Canned Fruit and Frozen Fruit are with fruit juice or light syrup.
 Students must take all items.
 Milk is 1% White only unless you complete a form for special diets.

Week 1		Week 2		Week 3	
Aug 7	Mar 18	Aug 14	Mar 25	Aug 21	Apr 1
Aug 28	Apr 8	Sept 4	Apr 15	Sept 11	Apr 22
Sept 18	Apr 29	Sept 25	May 6	Oct 2	May 13
Oct 16	May 20	Oct 23		Oct 30	
Nov 6		Nov 13		Nov 27	
Dec 4		Dec 11		Jan 1	
Jan 8		Jan 15		Jan 22	
Jan 29		Feb 5		Feb 12	
Feb 19		Feb 26		Mar 4	

This program is funded by USDA. This institution is an equal opportunity provider.

Garrett Pre-K3 & Pre-K4 Menu



Pre-K MEAL PRICING:

All Students
Adults/Visitors

Free
\$4.75

Pre-K LUNCH Menu

August 2023-May 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Pizza (Cheese or Pepperoni) Steamed Broccoli Fruit Slush (100% Juice) Milk	Cheesy Nachos Pinto Beans Corn Fruit Cup Milk	Popcorn Chicken Mashed Potatoes Orange Wedge Milk	Spaghetti w/cheese stick Green Beans Applesauce Milk	Chicken Burger Smiley Faced Potatoes Apple Slices Milk
2	Mini Hot Dog on Bun Steamed Broccoli Applesauce Milk	Hot Pocket Pinto Beans Fruit Cup Milk	Mini Chicken Burgers Smiley Faced Potatoes Fruit Gel (100% Juice) Milk	Wild Mike's Cheesy Bites w/ Marinara Dipping Sauce Fresh Baby Carrots w/dip Fruit Milk	Corn Dog Tater Tots Peaches Milk
3	Chicken & Waffles Green Beans Mandarin Oranges Milk	Pizza (Cheese or Pepperoni) Corn Fruit Milk	Lunchable Fresh Baby Carrots w/dip Fruit Slush (100% Juice) Milk	Chicken Drumstick Mashed Potatoes Pineapple Milk	Hamburger Smiley Faced Potatoes Applesauce Milk

All Bread is Whole Grain or Whole Wheat.
All Canned Fruit and Frozen Fruit are with fruit juice or light syrup.
Students must take all items.
Milk is 1% White only unless you complete a form for special diets.

Lufkin ISD offers free meals to all students!

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