

# Garrett & Hackney Pre-K Menu



## MEAL PRICING:

Student Breakfast Price Free  
 Adult/Visitor Breakfast Price \$2.50

August 2021-May 2022



## BREAKFAST IN THE CLASSROOM

Free to all Students

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	Mini Pancakes WMES 35 Applesauce 22 Milk	Cereal <b>see</b> <b>flavors below</b> Fruit Cup Milk	PB&J Uncrustable Sandwich WP32 Fruit Milk	Maple Pancake Sandwich WMES17 Orange Slices Milk	French Toast Sticks WMES38 Juice <b>see below</b> Milk
<b>2</b>	Muffin WES30 Applesauce Milk	Cereal Strawberry Cup Milk	Waffle WME 37 Fruit Milk	Whole Grain Honey Chicken Biscuit WMS13 Fruit Cup Milk	Danimals Yogurt MS16 Peaches 8 Milk
<b>3</b>	Grilled Cheese Sandwich WMS32 Fruit Cup Milk	Cereal Raisins 27 Milk	Mini Pancakes WMES35 Fruit Cup Milk	Breakfast Pizza WMS27 Applesauce Milk	Banana Bread WES44 Peaches Milk

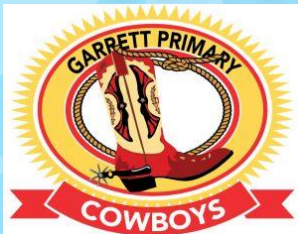
Pre-K approved cereals: Rice Chex 24, Cheerios 20, Cinnamon Toast Crunch WS 22, Rice Krispies 23, Cinnamon Flakes WS 24, Frosted Mini Wheats W 24

ALLERGENS: W-Wheat, S-Soy, M-Milk, E-Egg, P-Peanuts, C-Citrus  
 Grams of carbohydrate are listed as the number beside the allergens  
 Milk: white=12gms, choc=19gms, straw=18gms  
 Juice: orange=13gms, apple=14gms, grape=19gms

Week 1		Week 2		Week 3	
Aug 12	Mar 7	Aug 16	Mar 21	Aug 23	Mar 28
Aug 30	Apr 4	Sept 6	Apr 11	Sept 13	Apr 18
Sept 20	Apr 25	Sept 27	May 2	Oct 4	May 9
Oct 11	May 16	Oct 18	May 23	Oct 25	
Nov 1		Nov 8		Nov 15	
Nov 29		Dec 6		Dec 13	
Jan 3		Jan 10		Jan 17	
Jan 24		Jan 31		Feb 7	
Feb 14		Feb 21		Feb 28	

This program is funded by USDA. This institution is an equal opportunity provider.

# Garrett & Hackney Pre-K Menu



## Pre-K MEAL PRICING:

All Students  
Adults/Visitors

Free  
\$3.50



## Pre-K LUNCH Menu

August 2021-May 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	Pretzel Dog <b>W34</b> Green Beans <b>4</b> Applesauce <b>22</b> Milk	Cheesy Nachos <b>M23</b> Pinto Beans <b>22</b> Fruit Cup Frozen Yogurt Cup <b>M14</b> Milk	Pizza <b>WMS34</b> Corn <b>8</b> Fruit Slush (100% Juice) <b>25</b> Milk	Popcorn Chicken <b>WMS17</b> Mashed Potatoes <b>M9</b> Orange Wedge <b>21</b> Milk	Chicken Burger <b>WS42</b> Smiley Faced Potatoes <b>20</b> Apple Slices <b>7</b> Milk
<b>2</b>	Hot Dog on Bun <b>WS29</b> Steamed Broccoli <b>3</b> Applesauce <b>14</b> Milk	Hot Pocket <b>WMS32</b> Pinto Beans <b>22</b> Fruit Cup Frozen Yogurt Cup <b>M14</b> Milk	Cheeseburger <b>WMS30</b> Smiley Faced Potatoes <b>20</b> Fruit Slush (100% Juice) <b>25</b> Milk	Wild Mike's Cheesy Bites <b>WMS28</b> w/ Marinara Dipping Sauce <b>4</b> Fresh Baby Carrots <b>4</b> w/dip <b>ME2</b> Fruit Milk	Corn Dog <b>WES30</b> Tater Coins <b>8</b> Peaches <b>8</b> Milk
<b>3</b>	Chicken Nuggets <b>WS8</b> Mashed Potatoes <b>M9</b> Mandarin Oranges <b>4</b> Milk	Lunchable <b>WMES 40</b> Fresh Baby Carrots <b>4</b> w/dip <b>ME2</b> Fruit Slush (100% Juice) <b>25</b> Milk	Pizza <b>WMS34</b> Corn <b>8</b> Fruit Milk	Chicken Drumstick <b>WMS14</b> Green Beans <b>2</b> Pineapple <b>8</b> Milk	Cheeseburger <b>WMS30</b> Smiley Faced Potatoes <b>20</b> Applesauce <b>14</b> Milk

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## Lufkin ISD offers free meals to all students!

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