



Lufkin Middle School 23-24 Menu



Breakfast is FREE for all Students!

Aug 7, Aug 21, Sept 4, Sept 18, Oct 2, Oct 23, Nov 6, Nov 27, Dec 11, Jan 8, Jan 22, Feb 5, Feb 19, Mar 4, Mar 25, Apr 8, Apr 22, May 6, May 20

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Biscuit & Sausage Tamales Chocolate Mini Donuts Assorted Fruit Juice Milk	Breakfast Pizza Cowgirl Bread Powdered Sugar Mini Donuts Fruit Juice Milk	Breakfast on a Bun Concha Yogurt Parfait Orange Wedges Juice Milk	Honey Glazed Donut Holes Spicy Grilled Cheese Dutch Waffle Banana Juice Milk	Muffin & Cheese Stick French Toast Sticks Cinnamon-Filled Pretzel Stick Fruit Juice Milk

Aug 14, Aug 28, Sept 11, Sept 25, Oct 16, Oct 30, Nov 13, Dec 4, Jan 1, Jan 15, Jan 29, Feb 12, Feb 26, Mar 18, Apr 1, Apr 15, Apr 29, May 13

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Belgian Waffles Honey Glazed Donut Holes Chocolate Mini Donuts Assorted Fruit Juice, Milk	Dunkin' Sticks Breakfast Pizza Fruit Juice Milk	Churros Eggs, Bacon, & Toast Orange Wedges, or Watermelon (in season) Juice Milk	French Toast Sticks Pancake & Sausage on a Stick Banana Split Fruit Juice Milk	Yogurt & Muffin Chicken Biscuit Cinnamon Roll Fruit Juice, Milk



Snack Bar

Students Eat FREE!

WEEK 1- Aug 7, Aug 21, Sept 4, Sept 18, Oct 2, Oct 23, Nov 6, Nov 27, Dec 11, Jan 8, Jan 22, Feb 5, Feb 19, Mar 4, Mar 25, Apr 8, Apr 22, May 6, May 20

Monday	Tuesday	Wednesday	Thursday	Friday
⇒ Spicy Chicken Sandwich ⇒ Bacon Cheeseburger Tater Tots, Burger Salad, Pineapple Tidbits, Variety of Milk	⇒ Hot Pocket ⇒ Wild Mike's Cheesy Bites Marinara Dipcup, Green Beans Applesauce, Variety of Milk	⇒ Walking Tacos Romaine Salad, Salsa, Orange Wedges, Cookie, Variety of Milk	⇒ Chili Dog ⇒ Mini Corn Dogs w/ Chili & Cheese Pinto Beans, Tater Tots, 100% Fruit Juice Slush, Variety of Milk	⇒ Hot Wings, BBQ, Buffalo, or Nashville Hot Hot Roll, French Fries, Celery w/ranch, Fruit, Variety of Milk

WEEK 2—Aug 14, Aug 28, Sept 11, Sept 25, Oct 16, Oct 30, Nov 13, Dec 4, Jan 1, Jan 15, Jan 29, Feb 12, Feb 26, Mar 18, Apr 1, Apr 15, Apr 29, May 13

Monday	Tuesday	Wednesday	Thursday	Friday
⇒ Spicy Chicken Sandwich ⇒ Chicken Fried Steak Sandwich French Fries, Burger Salad, Applesauce, Variety of Milk	⇒ Cheeseburger ⇒ BBQ Pulled Pork Sandwich Potato Wedges, Green Beans, Fruit Cup, Variety of Milk	⇒ Corn Dog ⇒ Frito Pie Romaine Salad, Fresh Baby Carrots, 100% Fruit Juice Gel, Variety of Milk	⇒ Walking Tacos, Pinto Beans, Salsa Dipcup, Fruit, Variety of Milk	⇒ Hot Wings BBQ, Buffalo or Nashville Hot Hot Roll, French Fries, Celery w/ranch, Apple Slices, Variety of Milk



LMS Lunch Menus

**Students
Eat FREE!**

WEEK 1—Aug 7, Aug 21, Sept 4, Sept 18, Oct 2, Oct 23, Nov 6, Nov 27, Dec 11, Jan 8, Jan 22, Feb 5, Feb 19, Mar 4, Mar 25, Apr 8, Apr 22, May 6, May 20

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Line	Chicken Fried Steak, Chicken Nuggets, Hot Roll, Mashed Potatoes w/ gravy, Corn, Pineapple, Milk	Crispitos • Chicken Chili • Chicken & Cheese Broccoli w/Cheese Pinto Beans Applesauce, Milk	Frito Pie, Walking Tacos, Ranchero Beans, Romaine Salad, Orange, Milk, Cookie	Chicken Tenders (spicy or plain), Hot Roll, Mashed Potatoes w/gravy, Fresh Baby Carrots w/dip, Fruit Slush, Milk	Hot Wings, Buffalo, BBQ, or Nashville Hot, Hot Roll, Celery w/ranch, French Fries, Fruit, Milk
Mexi-Talian Line	Cheese Enchiladas or Pepper Jack Cheese Enchiladas, Spanish Rice, Refried Beans, Salsa, Pineapple, Milk	Spaghetti and Meatsauce, Breadstick, Steamed Carrots, Green Beans, Applesauce, Milk	Walking Tacos, Shredded Romaine Lettuce, Salsa, Orange, Milk, Cookie	Chicken Pizza Wrap Romaine Salad Marinara Dip Cup, Fruit Slush, Milk	Beef Picadillo, Cilantro Lime Rice, Roasted Jalapeno Corn, Lettuce & Tomato, Fruit, Milk

WEEK 2—Aug 14, Aug 28, Sept 11, Sept 25, Oct 16, Oct 30, Nov 13, Dec 4, Jan 1, Jan 15, Jan 29, Feb 12, Feb 26, Mar 18, Apr 1, Apr 15, Apr 29, May 13

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Lines	Cajun Chicken Pasta or Chicken Nuggets, WG Roll, Broccoli, Steamed Carrots, Applesauce, Milk	Chicken & Waffles or Soft Pretzel w/ Nacho Cheese, Spicy Sweet Potato Sticks, Green Beans, Fruit Gel, Milk	Spicy Chicken Leg w/Hot Roll or Cheeseburger, Ranchero Beans, Tater Tots, Fruit, Milk, Cookie	Asian Chicken or Dumplings, Noodles, Asian Veggies, Steamed Carrots, Fruit Cup, Milk	Hot Wings, Buffalo, BBQ, or Nashville Hot, Hot Roll, Celery w/ranch, Crinkle Cut Fries, Apple Slices, Milk
Mexi-Talian Line	Chicken Tinga Tostadas, Baked Scoops, Ranchero Beans, Salsa, Applesauce, Milk	Lasagna w/ Breadstick, Green Beans, Steamed Broccoli, Fruit Gel, Milk	Spicy Colorado Burrito, Jalapeno Roasted Corn, Chips & Salsa, Fruit, Milk	Chicken Spaghetti Breadstick Romaine Salad, Green Beans, Fruit, Milk	Tamales, Spanish Rice, Refried Beans, Salsa, Apple Slices, Milk

Weekly Menus

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pizza Lines	Pepperoni, Cheese, Meat Lovers or Buffalo Chicken, Marinara Dipcup, Green Beans, Fruit, Milk	Pepperoni, Cheese, or Meat Lovers, Marinara Dipcup, Corn, Fruit, Milk	Pepperoni, Cheese, Meat Lovers, or Garlic French Bread, Ranchero Beans, Fresh Baby Carrots w/dip, Fruit, Milk	Pepperoni, Cheese, Meat Lovers, or Wild Mike's Cheesy Bites, Romaine Salad, Marinara Dipcup, Fruit, Milk	Pepperoni, Cheese, Meat Lovers, or Manager's Choice, Corn, Green Beans, Fruit, Milk
Sandwich Line/Choices Vary Daily	PB&J Uncrustable Daily Sides: Baked Chips, Romaine Salad, Bean Dip, Fruit, Milk	Turkey Bacon Club Sub, Daily Sides: Baked Chips, Baked Potato Soup, Lettuce, Fruit, Milk	Ham & Cheese Sub Daily Sides: Baked Chips, Lettuce, Salsa, Fruit, Milk	Yogurt Parfait Daily Sides: Baked Chips, Romaine Salad, Baby Carrots, Milk	Lunchable or Mgr's Choice Daily Sides: Baked Chips, Celery Sticks, Grape Tomatoes, Fruit, Milk