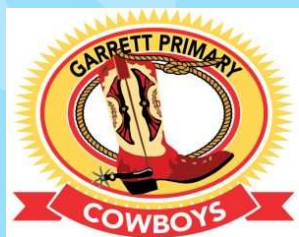


# Garrett Pre-K3 & Pre-K4 Menu



**August '25-May '26**

## MEAL PRICING:

Student Breakfast Price Free  
Adult/Visitor Breakfast Price \$3.25



## BREAKFAST IN THE CLASSROOM

Free to all Students

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	Cereal <b>see flavors below</b> Fruit Cup Milk	Mini Pancakes <b>WMES 35</b> Applesauce Milk	Mini Bagels <b>WM42</b> Fruit Milk	Maple Pancake Sandwich <b>WMES17</b> Orange Slices Milk	French Toast Sticks <b>WMES38</b> Juice Milk
<b>2</b>	Poffitz-Mini Pancake Bites <b>WMES 38</b> Fruit Cup Milk	Muffin <b>WES 30</b> Applesauce Milk	Fun-N-Fruity Waffle <b>WMS 38</b> Fruit Milk	Apple Cinnamon TX Toast <b>WMS 49</b> Fruit Cup Milk	Danimals Yogurt <b>MS16</b> Peaches Milk
<b>3</b>	Cereal Raisins <b>27</b> Milk	Mini French Toast <b>WMES36</b> Fruit Cup Milk	Pancake on a Stick <b>WES 17</b> Fruit Cup Milk	Breakfast Pizza <b>WMS 27</b> Applesauce Milk	Banana Bread <b>WES 44</b> Peaches Milk

All Cereal is Reduced Sugar, 25% less Sugar, and Whole Grain.

All Bread is Whole Grain or Whole Wheat.

All Canned Fruit and Frozen Fruit are with fruit juice or light syrup.

Students must take all items.

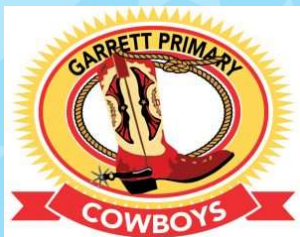
Milk is 1% White only unless you complete a form for special diets.

Pre-K approved cereals: Rice Chex **24**, Cheerios **20**, Cinnamon Toast Crunch **WS 22**, Rice Krispies **23**, Cinnamon Flakes **WS 24**, Frosted Mini Wheats **W 24**

Week 1		Week 2		Week 3	
Aug 4	Mar 16	Aug 11	Mar 23	Aug 18	Mar 30
Aug 25	Apr 6	Sept 1	Apr 13	Sept 8	Apr 20
Sept 15	Apr 27	Sept 22	May 4	Sept 29	May 11
Oct 13	May 18	Oct 20		Oct 27	
Nov 3		Nov 10		Nov 17	
Dec 1		Dec 8		Dec 15	
Jan 5		Jan 12		Jan 19	
Jan 26		Feb 2		Feb 9	
Feb 16		Feb 23		Mar 2	

This program is funded by USDA. This institution is an equal opportunity provider.

# Garrett Pre-K3 & Pre-K4 Menu



## Pre-K MEAL PRICING:

All Students	Free
Adults/Visitors	\$4.75

## Pre-K LUNCH Menu

August 2025-May 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	Pizza <b>WMS34</b> Steamed Broccoli <b>3</b> Fruit Slush <b>25</b> (100% Juice) Milk	Cheesy Nachos <b>M23</b> Gogurt <b>M8</b> Corn <b>8</b> Fruit Milk	Popcorn Chicken <b>WMS 16</b> Mashed Potatoes <b>M9</b> Orange Wedge <b>21</b> Milk	Spaghetti <b>W43</b> w/cheese stick <b>M</b> Green Beans <b>2</b> Applesauce <b>14</b> Milk	Chicken Burger <b>WMSsm39</b> Smiley Faced Potatoes <b>20</b> Apple Slices <b>7</b> Milk
<b>2</b>	Hot Dog on Bun <b>WS29</b> Steamed Broccoli <b>3</b> Applesauce <b>14</b> Milk	Hot Pocket <b>WMS32</b> Pinto Beans <b>22</b> Fruit Cup Milk	Mini Chicken Burgers <b>WM42</b> Smiley Faced Potatoes <b>20</b> Fruit Gel (100% Juice) <b>20</b> Milk	Wild Mike's Cheesy Bites <b>WMS28</b> w/ Marinara Dipping Sauce <b>4</b> Fresh Baby Carrots <b>4</b> w/dip <b>ME2</b> Fruit Milk	Corn Dog <b>WES30</b> Tater Tots <b>8</b> Peaches <b>8</b> Milk
<b>3</b>	Chicken <b>WMS11</b> & Waffles <b>WMES30</b> Green Beans <b>2</b> Fruit Milk	Pizza <b>WMS34</b> Corn <b>8</b> Fruit Milk	Lunchable <b>WMES 40</b> Fresh Baby Carrots <b>4</b> w/dip <b>ME2</b> Fruit Slush (100% Juice) <b>25</b> Milk	Chicken Drumstick <b>WMS14</b> Mashed Potatoes <b>M9</b> Fruit Milk	Hamburger <b>WSm28</b> Smiley Faced Potatoes <b>20</b> Applesauce <b>14</b> Milk

**ALLERGENS:** W-Wheat, S-Soy, M-Milk, E-Egg, P-Peanuts, Sm-Sesame Seeds

Grams of carbohydrate are listed as the number beside the allergens

Milk: white=11gms

Juice: orange/citrus=14gms, apple=14gms, apple cherry=14gms

**Lufkin ISD offers free meals to all students!**

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