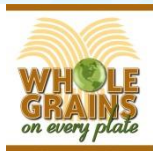


Lufkin ISD Elementary/Primary Schools



MEAL PRICING:

Student Breakfast	FREE
Adult/Visitor Breakfast Price	\$3.00
Milk Only	\$0.50
Soy or Lactose Free Milk	\$1.00

BREAKFAST Menu August 2022-May 2023

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Dutch Waffle or Churro w/Yogurt Peaches Juice Milk	Kolache or Concha Applesauce (variety) Juice Milk	Mini Pancakes (two flavors) w/syrup Orange Wedges Juice Milk	Cinnamon Roll or Biscuit & Sausage w/jelly Pineapple Tidbits Juice Milk	Breakfast Pizza Fresh Apple Slices Juice Milk
2	Honey Bun or French Toast Sticks Pineapple Tidbits Juice Milk	Cowgirl Bread or Pop Tarts (whole grain) Applesauce (variety) Juice Milk	Mini Donuts (whole grain) or Eggs & Toast Banana Juice Milk	Yogurt Parfait or Banana Split Juice Milk	Breakfast Pizza Fresh Apple Slices Juice Milk
3	Pancake on a Stick or Chicken Biscuit w/ honey Mandarin Oranges Juice Milk	Sausage & Pancake Sandwich or Belgian Waffle Applesauce Juice Milk	Muffin & Cheese Stick or Cinnamon-Filled Pretzel Stick Orange Wedges Juice Milk	Donut Holes or Biscuit & Sausage w/jelly Peaches Juice Milk	Breakfast Pizza Fruit Juice Milk

Breakfast and lunch are free for all Lufkin ISD schools but the cashier is required to charge a la carte prices if your child does not take a reimbursable meal. This is a United States Department of Agriculture regulation. The cashier will say, "You need to take a fruit/vegetable or another item," in order to avoid charging these prices. Please discuss this with your children in order to help them understand. Snacks and extras will be cash only or taken from balance on lunch account.

Week 1		Week 2		Week 3	
Aug 10	Mar 6	Aug 15	Mar 20	Aug 22	Mar 27
Aug 29	Apr 3	Sept 5	Apr 10	Sept 12	Apr 17
Sept 19	Apr 24	Sept 26	May 1	Oct 3	May 8
Oct 10	May 15	Oct 17	May 22	Oct 24	
Oct 31		Nov 7		Nov 14	
Nov 28		Dec 5		Dec 12	
Jan 2		Jan 9		Jan 16	
Jan 23		Jan 30		Feb 6	
Feb 13		Feb 20		Feb 27	

This program is funded by USDA. This institution is an equal opportunity provider.

Lufkin ISD Elementary/Primary Schools

GET YOUR DAY IN GEAR WITH A HEALTHY SCHOOL LUNCH

MEAL PRICING:

All Students	FREE
Adult/Visitor	\$4.50
Milk Only	\$0.50

LUNCH Menu

August 2022-May 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Chicken Rings or Macaroni & Cheese or PB&J Uncrustable or Soy Jamwich Hot Roll Broccoli w/cheese Mixed Vegetables 100% Juice Fruit Slush Milk	Pulled Pork BBQ Sandwich or Mini Corn Dogs or Lunchable Pinto Beans French Fries Applesauce Milk	Crispitos (two flavors) or PB&J Uncrustable or Soy Jamwich Refried Beans Corn Orange Wedges Cookie Milk	Orange Chicken or Chicken Nuggets or Lunchable Rice Green Beans Steamed Carrots Pineapple Tidbits Fortune Cookie Milk	Chicken Burger or Cheeseburger or PB&J Uncrustable or Soy Jamwich Smiley Faced Potatoes Fresh Baby Carrots w/dip Apple Slices Milk
2	Beef Ravioli w/Breadstick or Wild Mike's Cheesy Bites or PB&J Uncrustable or Soy Jamwich Broccoli w/cheese Marinara Dip Cup 100% Fruit Juice Slush Milk	Beef Nachos or Lunchable Salsa Dip Cup Pinto Beans Applesauce Milk	Hot Pocket or Spaghetti & Meatsauce w/Breadstick or PB&J Uncrustable or Soy Jamwich Cucumber Slices w/dip Corn Banana Cookie Milk	Chicken Rings or Drumstick or Lunchable Hot Roll M. Potatoes w/Country Gravy Green Beans Fruit Milk	Chicken Burger or Pepperoni Pizza or PB&J Uncrustable or Soy Jamwich Fresh Baby Carrots w/dip Smiley Faced Potatoes Apple Slices Milk
3	Chicken & Waffles or PB&J Uncrustable or Soy Jamwich Broccoli w/Cheese Mashed Potatoes w/Gravy Mandarin Oranges Milk	Mini Calzones or Garlic French Bread Pizza or Lunchable Marinara Dip Cup Green Beans Applesauce Milk	Walking Tacos or PB&J Uncrustable or Soy Jamwich Pinto Beans Salsa Dip Cup Orange Wedges Cookie Milk	Frito Pie or Hot Dog or Lunchable French Fries Fresh Baby Carrots w/dip 100% Fruit Juice Slush Milk	Cheeseburger or Grilled Cheese Sandwich or PB&J Uncrustable or Soy Jamwich Tater Tots 100% Veggie Juice Grapes Milk

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