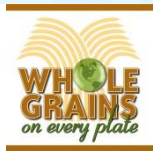


# Lufkin ISD Elementary/Primary Schools



## MEAL PRICING:

Student Breakfast	FREE
Adult/Visitor Breakfast Price	\$2.50
Milk Only	\$0.50
Soy or Lactose Free Milk	\$1.00

## BREAKFAST Menu August 2021-May 2022

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	Dutch Waffle or Oatmeal Rounds Peaches Juice Milk	Kolache or Yogurt & Grahams Applesauce (variety) Juice Milk	Mini Pancakes (two flavors) w/syrup Orange Wedges Juice Milk	Cinnamon Roll or Biscuit & Sausage w/jelly Pineapple Tidbits Juice Milk	Breakfast Pizza Fresh Apple Slices Juice Milk
<b>2</b>	Pop Tarts (whole grain) or French Toast Sticks Pineapple Tidbits Juice Milk	Cowgirl Bread or Honey Bun Applesauce (variety) Juice Milk	Mini Donuts (whole grain) or Eggs & Toast Banana Juice Milk	Yogurt Parfait or Churros Fruit Juice Milk	Breakfast Pizza Fresh Apple Slices Juice Milk
<b>3</b>	Pancake on a Stick or Chicken Biscuit w/ honey Mandarin Oranges Juice Milk	Sausage & Pancake Sandwich or Belgian Waffle Applesauce Juice Milk	Muffin & Cheese Stick or Eggs & Toast Orange Wedges Juice Milk	Donut Holes or Biscuit & Sausage w/jelly Peaches Juice Milk	Breakfast Pizza Fruit Juice Milk

Breakfast and lunch are free for all Lufkin ISD schools but the cashier is required to charge a la carte prices if your child does not take a reimbursable meal. This is a United States Department of Agriculture regulation. The cashier will say, "You need to take a fruit/vegetable or another item," in order to avoid charging these prices. Please discuss this with your children in order to help them understand. Snacks and extras will be cash only or taken from balance on lunch account.

Week 1		Week 2		Week 3	
Aug 12	Mar 7	Aug 16	Mar 21	Aug 23	Mar 28
Aug 30	Apr 4	Sept 6	Apr 11	Sept 13	Apr 18
Sept 20	Apr 25	Sept 27	May 2	Oct 4	May 9
Oct 11	May 16	Oct 18	May 23	Oct 25	
Nov 1		Nov 8		Nov 15	
Nov 29		Dec 6		Dec 13	
Jan 3		Jan 10		Jan 17	
Jan 24		Jan 31		Feb 7	
Feb 14		Feb 21		Feb 28	

This program is funded by USDA. This institution is an equal opportunity provider.

# Lufkin ISD Elementary/Primary Schools

## PICK 3 FREE



**Bringing your lunch from home?  
Add a fruit, veggie and milk for FREE!**

This year, lunch is free for all, but for those who wish to grab a milk or add a fruit, you must pick 3 to count as a free lunch. Your child can still purchase additional a la carte items. Enjoy lunch or lunch add-ons.

All make for a nutritious lunch to fuel our students for the day.



### MEAL PRICING:

All Students	FREE
Adult/Visitor	\$3.50
Milk Only	\$0.50

## LUNCH Menu

## August 2021-May 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	Chicken Rings or Macaroni & Cheese or PB&J Uncrustable or Soy Jamwich Hot Roll Broccoli w/cheese Mixed Vegetables 100% Juice Fruit Slush Milk	Pulled Pork BBQ Sandwich or Mini Corn Dogs or Lunchable Pinto Beans French Fries Applesauce Milk	Cheese Enchiladas or Crisпитos or PB&J Uncrustable or Soy Jamwich Refried Beans Corn Orange Wedges Cookie Milk	Orange Chicken or Chicken Nuggets or Lunchable Rice Green Beans Steamed Carrots Pineapple Tidbits Fortune Cookie Milk	Chicken Burger or Cheeseburger or PB&J Uncrustable or Soy Jamwich Smiley Faced Potatoes Fresh Baby Carrots w/dip Apple Slices Milk
<b>2</b>	Beef Ravioli w/Breadstick or Wild Mike's Cheesy Bites or PB&J Uncrustable or Soy Jamwich Broccoli w/cheese Marinara Dip Cup 100% Fruit Juice Slush Milk	Beef Nachos or Lunchable Salsa Dip Cup Pinto Beans Applesauce Milk	Hot Pocket or Spaghetti & Meatsauce w/Breadstick or PB&J Uncrustable or Soy Jamwich Cucumber Slices w/dip Corn Banana Cookie Milk	Chicken Rings or Drumstick or Lunchable Hot Roll M. Potatoes w/Country Gravy Green Beans Fruit Milk	Chicken Burger or Pepperoni Pizza or PB&J Uncrustable or Soy Jamwich Fresh Baby Carrots w/dip Smiley Faced Potatoes Apple Slices Milk
<b>3</b>	Mini Calzones or Garlic French Bread Pizza or PB&J Uncrustable or Soy Jamwich Marinara Dip Cup Green Beans Mandarin Oranges Milk	Fish Nuggets or Popcorn Chicken or Lunchable Mac & Cheese Broccoli w/Cheese Mashed Potatoes w/Gravy Applesauce Milk	Walking Tacos or PB&J Uncrustable or Soy Jamwich Pinto Beans Salsa Dip Cup Orange Wedges Cookie Milk	Pretzel Dog or Hot Dog or Lunchable French Fries Fresh Baby Carrots w/dip 100% Fruit Juice Slush Milk	Cheeseburger or Grilled Cheese Sandwich or PB&J Uncrustable or Soy Jamwich Tater Tots 100% Veggie Juice Grapes Milk

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