



# AUGUST

2020

## Lufkin ISD Primary/Elementary Breakfast Menu



m	t	w	th	f
3.	4.	5.	6.	7.
10.	11.	12.	13.	14.
17.	18.	19.	20.	21.
<b>Pop Tarts (whole grain)</b> Peaches Juice Milk 24.	<b>Yogurt &amp; Grahams</b> Applesauce Juice Milk 25.	<b>Mini Pancakes</b> Orange Wedges Juice Milk 26.	<b>Biscuit &amp; Sausage w/jelly</b> Watermelon (in season) or Pineapple Tidbits Juice Milk 27.	<b>Breakfast Pizza</b> Fresh Apple Slices Juice Milk 28.

**French Toast Sticks**  
**Pineapple Tidbits**  
 Juice  
 Milk  
 31.

**Special Announcements:**

In order to ensure all students have time to eat we are starting school with limited choices. As we get used to our new processes we will begin to add the rest of the favorite items into the menu cycle.



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

This product was funded by USDA.  
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Food and Nutrition Division  
 National School Lunch Program and School Breakfast Program



Updated 01/2020  
[www.SquareMeals.org](http://www.SquareMeals.org)



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2020

## Lufkin ISD Primary/Elementary Lunch Menu



m 3.	t 4.	w 5.	th 6.	f 7.
10.	11.	12.	13.	14.
17.	18.	19.	20.	21.
<b>Chicken Nuggets</b> <b>Hot Roll</b> <b>Mashed Potatoes w/gravy</b> <b>Corn</b> <b>100% Fruit Juice Slush</b> <b>Milk</b>	<b>Mini Corn Dogs</b> <b>Pinto Beans</b> <b>French Fries</b> <b>Applesauce</b> <b>Milk</b>	<b>Chicken Rings w/Hot Roll</b> <b>Broccoli w/cheese</b> <b>Mixed Vegetables</b> <b>Orange Wedges</b> <b>Cookie</b> <b>Milk</b>	<b>Orange Chicken w/rice or</b> <b>Chicken Nuggets</b> <b>Green Beans</b> <b>Steamed Carrots</b> <b>Watermelon (in season)</b> <b>Pineapple Tidbits</b> <b>Milk</b>	<b>Cheeseburger</b> <b>Smiley Faced Potatoes</b> <b>Grape Tomatoes</b> <b>Apple Slices</b> <b>Milk</b>

**Pizza Sticks**  
**Broccoli w/cheese**  
**Marinara Dip Cup**  
**100% Fruit Juice Slush**  
**Milk**

31.

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# SEPTEMBER

2020

## Lufkin ISD Primary/Elementary Breakfast Menu



m

Cinnamon Streusel  
Cowgirl Bread  
Applesauce (variety)  
Juice  
Milk

1.

t

Mini Donuts (whole grain)  
Banana  
Juice  
Milk

2.

w

Kolache  
Fruit  
Juice  
Milk

3.

th

Breakfast Pizza  
Fresh Apple Slices  
Juice  
Milk

4.

f



Soft Filled Cinnamon  
Toast Crunch Bar  
Applesauce  
Juice  
Milk

8.

Muffin & Cheese Stick  
Orange Wedges  
Juice  
Milk

9.

Donut Holes  
Watermelon (in season) or  
Peaches  
Juice  
Milk

10.

Breakfast Pizza  
Fruit  
Juice  
Milk

11.

Pop Tarts (whole grain)  
Peaches  
Juice  
Milk

14.

Yogurt & Grahams  
Applesauce  
Juice  
Milk

15.

Mini Pancakes  
Orange Wedges  
Juice  
Milk

16.

Biscuit & Sausage w/jelly  
Watermelon (in season) or  
Pineapple Tidbits  
Juice  
Milk

17.

Breakfast Pizza  
Fresh Apple Slices  
Juice  
Milk

18.

French Toast Sticks  
Pineapple Tidbits  
Juice  
Milk

21.

Cinnamon Streusel  
Cowgirl Bread  
Applesauce (variety)  
Juice  
Milk

22.

Mini Donuts (whole grain)  
Banana  
Juice  
Milk

23.

Kolache  
Fruit  
Juice  
Milk

24.

Breakfast Pizza  
Fresh Apple Slices  
Juice  
Milk

25.

Pancake on a Stick  
Mandarin Oranges  
Juice  
Milk

28.

Soft Filled Cinnamon  
Toast Crunch Bar  
Applesauce  
Juice  
Milk

29.

Muffin & Cheese Stick  
Orange Wedges  
Juice  
Milk

30.

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# SEPTEMBER

## Lufkin ISD Primary/Elementary Lunch Menu



2020



m

t

w

th

f

### Walking Tacos

Salsa Dip Cup  
Pinto Beans  
Applesauce

Milk 1.

Breaded Ravioli  
Cucumber Slices w/dip  
Marinara Dip Cup

Banana  
Cookie  
Milk 2.

Chicken Drumstick  
Hot Roll  
M. Potatoes w/Country Gravy  
Green Beans

Fruit  
Milk 3.

Pepperoni Pizza  
Fresh Baby Carrots w/dip  
Smiley Faced Potatoes  
Apple Slices

Milk 4.



Popcorn Chicken  
Broccoli w/Cheese  
Mashed Potatoes w/Gravy  
Applesauce

Milk 8.

Beef Nachos  
Pinto Beans  
Salsa Dip Cup  
Orange Wedges

Cookie  
Milk 9.

Hot Dog  
French Fries  
Fresh Baby Carrots w/dip  
Watermelon (in season) or  
100% Fruit Juice Slush

Milk 10.

Chicken Burger  
Tater Tots  
100% Veggie Juice  
Grapes

Milk 11.

Chicken Nuggets or  
PB&J Uncrustable  
Hot Roll  
Mashed Potatoes w/gravy  
Corn  
100% Fruit Juice Slush  
Milk 14.

Mini Corn Dogs or Lunchable  
Pinto Beans  
French Fries  
Applesauce  
Milk 15.

Chicken Rings w/Hot Roll or  
PB&J Uncrustable  
Broccoli w/cheese  
Mixed Vegetables  
Orange Wedges  
Cookie  
Milk 16.

Orange Chicken w/rice or  
Chicken Nuggets or Lunchable  
Green Beans  
Steamed Carrots  
Watermelon (in season) or Pineapple  
Tidbits  
Milk 17.

Cheeseburger or  
PB&J Uncrustable  
Smiley Faced Potatoes  
Grape Tomatoes  
Apple Slices  
Milk 18.

Pizza Sticks or PB&J  
Uncrustable  
Broccoli w/cheese  
Marinara Dip Cup  
100% Fruit Juice Slush  
Milk 21.

Walking Tacos or Lunchable  
Salsa Dip Cup  
Pinto Beans  
Applesauce  
Milk 22.

Breaded Ravioli or PB&J  
Uncrustable  
Cucumber Slices w/dip  
Marinara Dip Cup  
Banana  
Cookie  
Milk 23.

Chicken Drumstick or Lunchable  
Hot Roll  
M. Potatoes w/Country Gravy  
Green Beans  
Fruit  
Milk 24.

Pepperoni Pizza or  
PB&J Uncrustable  
Fresh Baby Carrots w/dip  
Smiley Faced Potatoes  
Apple Slices  
Milk 25.

Garlic French Bread Pizza or  
PB&J Uncrustable  
Marinara Dip Cup  
Green Beans  
Mandarin Oranges  
Milk 28.

Popcorn Chicken or  
Lunchable  
Broccoli w/Cheese  
Mashed Potatoes w/Gravy  
Applesauce  
Milk 29.

Beef Nachos or  
PB&J Uncrustable  
Pinto Beans  
Salsa Dip Cup  
Orange Wedges  
Cookie  
Milk 30.

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