

# Garrett & Hackney Pre-K Menu



## MEAL PRICING:

Student Breakfast Price Free  
 Adult/Visitor Breakfast Price \$2.50

August-Dec 2020



## BREAKFAST IN THE CLASSROOM

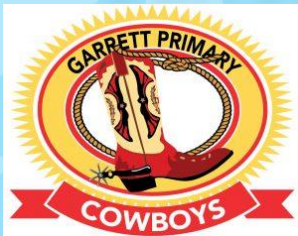
Free to all Students

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Mini Pancakes Applesauce Milk	Cereal Fruit Cup Milk	PB&J Uncrustable Sandwich Fruit Milk	Maple Pancake Sandwich Orange Slices Milk	French Toast Sticks Juice Milk
2	Muffins Applesauce Milk	Cereal Strawberry Cup Milk	Cinnamon Glazed Pancake Sandwich Fruit Milk	Breakfast Bars Fruit Cup Milk	Danimals Yogurt Peaches Milk
3	Pancake on a Stick Fruit Cup Milk	Cereal Raisins Milk	Mini Pancakes Fruit Cup Milk	Breakfast Pizza Applesauce Milk	Banana Bread Peaches Milk

All Cereal is Reduced Sugar, 25% less Sugar, and Whole Grain.  
 All Bread is Whole Grain or Whole Wheat.  
 All Canned Fruit and Frozen Fruit are with fruit juice or light syrup.  
 Students must take all items.  
 Milk is 1% White only unless you complete a form for special diets.

Week 1	Week 2	Week 3
Aug 24 Sept 14 Oct 5 Oct 26 Nov 16(early release Nov 20 <sup>th</sup> ) Dec 14 (early release Dec 18 <sup>th</sup> )	Aug 31 Sept 21 Oct 13 (holiday Oct 12 <sup>th</sup> ) Nov 2 Nov 30	Sept 8 (holiday Sept 7 <sup>th</sup> ) Sept 28 Oct 19 Nov 9 Dec 7

# Garrett & Hackney Pre-K Menu



## Pre-K MEAL PRICING:

All Students  
Adults/Visitors

Free  
\$3.50



## Pre-K LUNCH Menu

## August-December 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	Steak Nuggets Green Beans Applesauce Milk Ketchup	Cheesy Nachos Pinto Beans Fruit Cup Frozen Yogurt Cup Milk	Pizza (Cheese or Pepperoni) Corn Fruit Slush (100% Juice) Milk	Popcorn Chicken Mashed Potatoes Orange Wedge Milk Ketchup	Chicken Burger Smiley Faced Potatoes Apple Slices Milk Ketchup
<b>2</b>	Hot Dog on Bun Steamed Broccoli Applesauce Milk Ketchup	Cheese Quesadilla Pinto Beans Fruit Cup Frozen Yogurt Cup Milk	Mini Cheeseburgers Smiley Faced Potatoes Fruit Slush (100% Juice) Milk Ketchup	Tony's Cheesy Pizza Sticks w/ Marinara Dipping Sauce Fresh Baby Carrots w/dip Fruit Milk	Corn Dog Tater Coins Peaches Milk Ketchup
<b>3</b>	Chicken Nuggets Mashed Potatoes Mandarin Oranges Milk Ketchup	Lunchable Fresh Baby Carrots w/dip Fruit Slush (100% Juice) Milk	Pizza (Cheese or Pepperoni) Corn Fruit Milk	Chicken Drumstick Green Beans Pineapple Milk Ketchup	Cheeseburger Smiley Faced Potatoes Applesauce Milk Ketchup

All Bread is Whole Grain or Whole Wheat.  
All Canned Fruit and Frozen Fruit are with fruit juice or light syrup.  
Students must take all items.  
Milk is 1% White only unless you complete a form for special diets.

## Lufkin ISD offers free meals to all students!

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Aug 24 Sept 14 Oct 5 Oct 26 Nov 16(early release Nov 20 <sup>th</sup> ) Dec 14 (early release Dec 18 <sup>th</sup> )	Aug 31 Sept 21 Oct 13 (holiday Oct 12 <sup>th</sup> ) Nov 2 Nov 30	Sept 8 (holiday Sept 7 <sup>th</sup> ) Sept 28 Oct 19 Nov 9 Dec 7

The program is funded by USDA. This institution is an equal opportunity provider.